

ABC Centreville 2016 Awards

Under 16 Novice	Hannah & Stan
Most Improved	Paul Basson
Most Improved Under 18	Aaron Roe
Senior Road Race	Louis Szymanski
Hill Climb Champion	Louis Szymanski
Veterans Time Trial	Bill Prout
Veterans Road Race	Ben Whitehead
Veterans Hill Climb	Ben Whitehead
Veterans Track	Gary Lake
Tourist Trophy	Rick Clough
Half Wheel	Danny Shackleton
Crasher Trophy	Jon Taylor
Big Chain Ring	Steve Whittington
Clubman	Dave Grogan

Road Race

Name	Points	Cat	Regional Rank
Louis Szymanski	56	2	65
Ben Whitehead	20	2	68
Sam Wilson	1	3	124

Time Trial Results

Date	Position	Name	Event	Time
18 Sep 2016	2	Louis Szymanski	Weaver Valley	19:26
17 Sep 2016	1	Daniel Shackleton	Liverpool Century 10	23:54:00
21 May 2016	42	William Prout	Lancashire Road Club 10	25:40:00
17 Sep 2016	TBC	Nick Holmes	Liverpool Century 10	27:33:00

Date	Position	Name	Club	Event Time
12 June 2016	36	William Prout	Southport & District 25	1:05.55
19 June 2016	53	William Prout	East Sussex 50	2:17:00
21 May 2016	42	William Prout	Lancashire Road Club 10	25:40:00

Track

Manchester Regional Track League 1st Division

8	Jan	Gary Lake	Unknown Distance	4 th
22	Jan	Gary Lake	Points Race	1 st
5	Feb	Gary Lake	Points Race	2 nd
5	Feb	Gary Lake	Elimination Race	4 th
12	Feb		Scratch Race	4 th
12	Feb		Elimination Race	3 rd

ACT Track League

25	Jan	Scratch Race	2 nd
25	Jan	Courses des primes	2 nd
8	Feb	Courses des primes	4 th
28	March	Courses des primes	3 rd (Easter open meeting)

UCI World Masters track Championships

2k Mens Pursuit 27th

Hill Climb Results

			One	Two
5	Louis Szymanski	East Lancs HC	01:49.3	07:50.9
21	Ben Whitehead	East Lancs HC	01:54.3	09:23.7
25	Daniel Shackleton	East Lancs HC	02:03.8	09:55.1
32	Nick Holmes	East Lancs HC	02:43.6	11:41.6
1	Louis Szymanski	Beard Cup	04:38.0	
9	Ben Whitehead	Beard Cup	05:29.2	
11	Rick Clough	Beard Cup	05:35.3	
14	Daniel Shackleton	Beard Cup	05:53.9	
18	Gary Lake	Beard Cup	06:21.3	
34	Nick Holmes	Beard Cup	07:21.1	
39	Hannah Clough	Beard Cup	08:35.1	
43	Stanley Clough	Beard Cup	08:58.8	
26	Kevin Williams	Rossendale	03:43.6	
1st Fastest	Louis Szymanski	West Pennine	08.18.0	
1st Fastest V40	Ben Whitehead	West Pennine	09.43.6	
10	Daniel Shackleton	West Pennine	09.55.3	
12	Aaron Roe	West Pennine	10.25.3	
1st Fastest V60	Dave Grogan	West Pennine	11.02.4	
17	Jon Taylor	West Pennine	11.18.4	
18	Paul Basson	West Pennine	11.31.7	
21	Nick Holmes	West Pennine	12.19.5	
	Daniel Shackleton	Yorkshire RC	17:11.4	
	Dave Grogan	Yorkshire RC	18:36.0	
	Jon Taylor ABC Centreville	Yorkshire RC	19:20.1	
	Nick Holmes	Yorkshire RC	20:17.1	
111	Francis Chesters	Matlock	02:59	
33	Francis Chesters	Matlock	04:20	
5	Louis Szymanski	Rutland	06:53	
2	Louis Szymanski	Saddleworth Mountain	49:14:00	
61	Gary Lake	Buxton	01:16:21	
14	Louis Szymanski	Buxton	01:29:48	
13	Louis Szymanski	Lancashire RC	02.36.3	
45	Neil Swithenbank	Lancashire RC	03.13.5	
50	Ben Whitehead	Lancashire RC	03.18.6	
53	Danny Shackleton	Lancashire RC	03.19.0	
85	Jon Taylor	Lancashire RC	04.05.0	
91	Ken Whitehead	Lancashire RC	4.22.8	

Team Prize

1	Louis Szymanski	West Pennine HC	08.18.0
2	Ben Whitehead	West Pennine HC	09.43.6
3	Dan Shackleton	West Pennine HC	09.55.3

Ben Whitehead Results

12/3	Eddie Soens	53 rd
5/4	Tameside league	8 th
12/4	Tameside league	6 th
19/4	Tameside league	13 th
24/4	Out Saddle RR	15 th
2/5	Bury CC races	16 th
10/5	The Edge Cycleworks	16 th
17/5	The Edge Cycleworks	9 th
22/5	ELRC RR	22 nd
24/5	Tameside league	7 th
28/5	Masters National RR	39 th
31/5	The Edge Cycleworks	7 th
2/6	CDPP Crit	7 th
7/6	The Edge Cycleworks	16 th
12/6	Pontefract Festival	38 th
19/6	LVRC National RR	19 th
21/6	The Edge Cycleworks	12 th
28/6	The Edge Cycleworks	6 th
3/7	LVRC Condor Classic	6 th
10/7	Smithfield RR	24 th
24/7	Anglesey RR	10 th
7/8	North Wales RR	35 th
16/8	Tameside league	16 th
27/8	Manchester Whls 2day	28 th